

What is a UCAN centre?

Centres offer a tailored service to meet the needs of each customer. You will find:

- access to computers and a FREE phone for benefit and employment queries
- help with job searching and CVs
- information, advice and guidance and access to a wide range of services
- access to training courses

Looking for work, training or volunteering opportunities?

Employment support is available all week in the UCAN Centre. Get CV updated, support with job searching, application forms, interview techniques, coaching. Access to Working Wardrobe for your interview outfit. Individual appointments available from experienced staff. **Just speak to a member of the UCAN team for more information.**

Hoot Credit Union at The Square

www.wisewithmoney.co.uk

- low affordable loans
- safe, secure savings
- access to discounted electrical goods

Starts with You Money Advice

Got money worries? Not a Bolton at Home customer? Appointments are available at a local venue near you. Contact Gemma to make an appointment 07462 462 208 or email gemma.woolley@startswithyou.org.uk

Training and courses

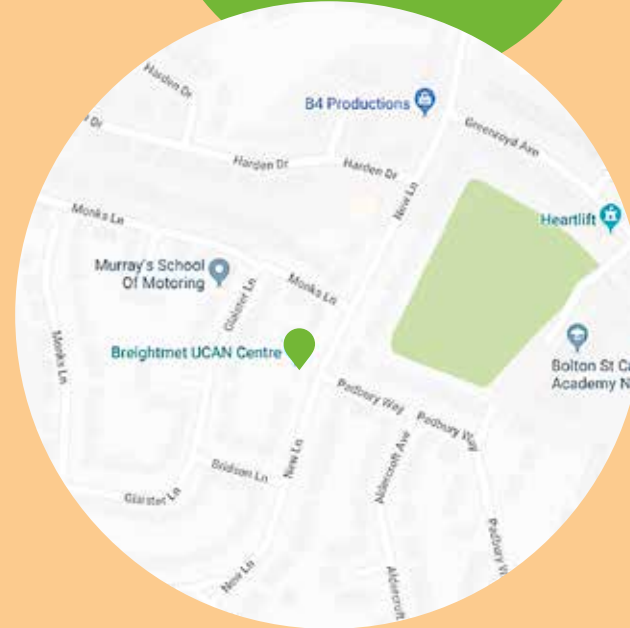
You can access a variety of classroom based and online courses for FREE, including Health & Safety, First Aid, Food Hygiene, Customer Service and Basic IT. Online courses include mental wellbeing, managing your money and interview and job search skills. Contact 01204 328000 for more information.

Opening times

Monday: 1pm - 4pm

Tuesday: 1pm - 4pm

Thursday: 1pm - 4pm



561 Bus - Bottom of Padbury Way
562 Bus - New Lane

Brightmet UCAN Centre



33 New Lane, Brightonmet,
Bolton, BL2 5BN

01204 329541

Brightmet.ucancentre@boltonathome.org.uk

www.facebook.com/brightmetucan

**Bolton
at Home**

boltonathome.org.uk

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**Bolton
at Home**

What's on?

Monday

UCAN open 1pm - 4pm

Psychological Therapy Service

1.30pm - 4pm appointments only.

Free, confidential talking therapies for adults aged 16 years. Ask UCAN staff for more information.

Work Club

1pm - 3.30pm, drop in and appointments.

Tailored support with CV's, job searching, application forms, volunteering and apprenticeships. Just call into the UCAN for more information.

IT Support and Training

1.30pm - 4pm Appointment only.

Need to brush up on your IT skills to support your job searching? These one to one and small group sessions are non-scary and very supportive.

From beginner to needing a refresh.

Contact the UCAN to book

Please ask about local activities for women running from Elderdale Community Centre.

Please note

All times and services may be subject to change. Please contact the UCAN centre to confirm availability.

Tuesday

UCAN open 1pm - 4pm

Barrier Busting and Employment Support

1pm - 3.30pm appointment only.

Bolton at Home supported over 400 people into employment in the last year. Speak to us to see how we can help you! Contact the UCAN to book.

Bolton at Home Money Advice

1.30pm - 3.30pm drop-in.

Have you got rent arrears or are you struggling to make ends meet, need help with a benefit form or to calculate how much you would be better off working? Contact us to see how we can help. Contact 01204 329868 to book.

Community English ESOL

1pm - 2.30pm, Elderdale Centre.

Low level English class for speakers of other languages. Ask UCAN Staff for more information.

Wednesday

UCAN closed - appointment only session

Irwell Valley drop-in

10am - 12pm

Drop in service for Irwell Valley Housing Association customers. Please ask UCAN staff for more information.

Men in Sheds, New Lane Food Hub

(Access is through the pathway by 6 New Lane)

10am - 1pm drop in. Community project offering weekly activities for local men to learn new skills and socialise with others.

www.meninshedsbolton.weebly.com

Thursday

UCAN open 1pm - 4pm

Barrier Busting with Cath McCann (Brightmet Library)

9am - 12pm drop in. Struggling with employment, confidence or just life in general? Cath our life Coach can help!

Bolton at Home Money Advice

9.30am - 12pm appointment only.

Contact 01204 329868 to book.

Psychological Therapy Service

1.30pm - 4pm appointments only.

Free, confidential talking therapies for adults aged 16 years and over. 'It's okay to not be okay'. Ask UCAN staff for more information

IT Support and Training

1.30pm - 4pm appointment only.

Need to brush up on your IT skills? Gemma is on hand to help. Ask UCAN Staff for more information.

Starts with You Money Advice

1.30pm - 4pm appointment only.

An independent Money Advice Service to help with benefit applications, calculations, budgeting and debt advice.

Contact Gemma on 07462 462 208 to book.

Need to use a phone/online webchat?

You can contact Housing, report a repair, speak to a housing officer, talk about rent arrears or speak to another support service (Universal Credit, Housing Benefit etc.). We have a phone you can use at the UCAN during opening times or you can use our computers to talk to someone online.