

## What is a UCAN centre?

### In our centres you'll find:

- A friendly welcome
- Help with job searching and CVs
- Access to training courses
- Money advice services
- Health and wellbeing advice
- Signposting to other services
- Access to free computers and the internet
- Access to a free phone
- Information about community projects
- Save on gas and electricity bills.

## Local community groups and activities. . . get involved

Call into the UCAN centre to find out more about community groups and various activities from environment projects, older people's activities, children's activities, community centres, residents' groups, women's groups and more...

## Bolton Money Skills

- Deal with debt issues
- Negotiate with your creditors
- Deal with any court papers you receive
- Help to complete forms such as Discretionary Housing Payments, United Utilities Trust Fund and British Gas Trust Fund applications

For more info telephone 01204 332916  
[www.boltonsmoneyskills.org.uk](http://www.boltonsmoneyskills.org.uk)

## Starts With You Money Advice

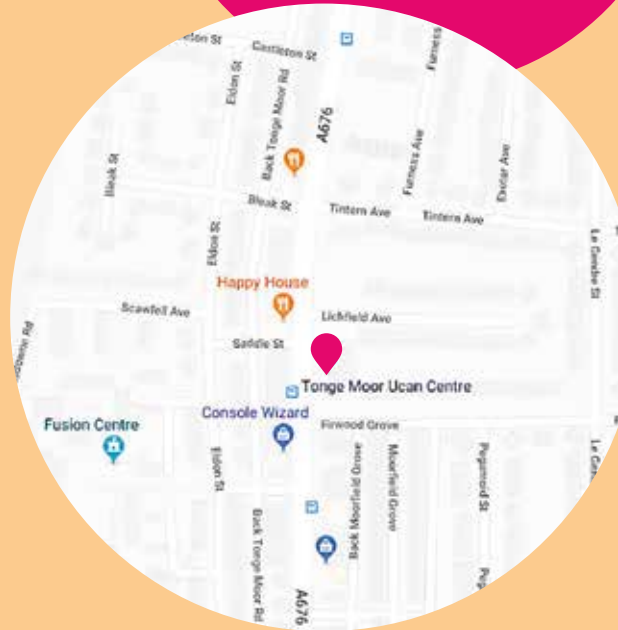
Free impartial support with:

- Discretionary housing payment
- Housing benefit
- Debt advice
- Benefit calculations & entitlement
- Income maximisation
- Budgeting
- Charity and grant applications

By appointment only, contact Gemma Woolley - Money Advice - 07384114667.

### Opening times

Monday: 9.30am - 12.30pm  
2pm - 4pm  
Tuesday: 9.30am - 12.30pm  
Thursday: 9.30am - 12.30pm  
2pm - 4pm  
Friday: 9.30am - 12.30pm  
2pm - 4pm



For public transport information please visit  
<https://my.tfgm.com/#/planner/>

# Tonge Moor UCAN Centre



Tonge Moor Road,  
Tonge Moor Bolton,  
BL2 2LE

**01204 329563**

[Tonge.ucancentre@boltonathome.org.uk](mailto:Tonge.ucancentre@boltonathome.org.uk)

**Bolton  
at Home**

[boltonathome.org.uk](http://boltonathome.org.uk)  
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# What's on?

## Monday

### **Achieve, substance misuse service**

2pm - 3.30pm.

Every 1st Monday of the month.

### **Drop-in, computers and phone**

Free to use 9.30am - 12.30pm and 2pm - 4pm.

### **Bolton Carers Support Coffee morning**

10am - 11pm.

Are you a carer? Come along and receive advice and support and meet with other carers.

### **Police Community Support Officers**

2pm - 4pm for information, advice or to report an incident.

## Tuesday

### **Drop-in, computers and phone**

Free to use 9.30am - 12.30pm.

### **Money Advice Service**

9.30am - 12 noon appointment only (contact us to book).

Are you a Bolton at Home customer? Do you need some advice about money? Have you got rent arrears or are you struggling to make ends meet? Or if you prefer call 01204 328000 and we can help you over the phone.

### **Income Management**

9.30am - 12 noon (drop-in).

Are you a Bolton at Home customer? Do you need advice and support with your rent account? Pop-in to see one of our rent officers.

## Thursday

### **Drop-in, computers and phone**

Free to use 9.30am - 12.30pm and 2pm - 4pm.

### **Work Club**

9.30am - 12.30pm.

Come along and see how we can help you. Get a CV review and update, and support with job search and cover letters.

### **Barrier Busting**

9.30am - 4pm (contact us to book). Struggling with employment, confidence or just life in general? Glynis, our life coach, can help!

### **Get Online!**

Contact UCAN staff to book appointment. Need to brush up on your IT skills to support your job searching, applying for benefits or bidding on properties? Please ask staff for more information.

## Friday

### **Drop-in, computers and phone**

Free to use 9.30am - 12.30pm and 2pm - 4pm.

### **Single Point of Access**

Having difficulty managing your thoughts and feelings and don't know where to turn?

You can contact Single point of Access on 01204 483101 or through your GP.

### **Bolton Library Neighbourhood Collection Point** (at the UCAN centre)

We can create Bolton Library memberships. We have a small selection of library books, you can also order books from other libraries and collect and return them at the UCAN centre.

**Please note: all times and services may be subject to change. Please contact the UCAN centre to confirm availability.**

## Free phone and internet

Please speak to a member of staff for further details.

## Training and courses

Free classroom based and online courses including health and safety, first aid, food hygiene and customer service. Please phone 01204 329710.

For more information or to make an appointment, drop-in or call 01204 329563.

## Hoot Credit Union

Open an account today and start saving for tomorrow – speak to UCAN centre staff or call in at The Square, Victoria Square, Bolton Town Centre.

### Hoot Credit Union at The Square

[wisewithmoney.co.uk](http://wisewithmoney.co.uk)

- Low cost affordable loans
- Safe, secure savings
- Access to discounted electrical goods.